
John C. Homan D.C.

Stephanie A. Bechtol D.C.



913 West Logan Street
Celina, Ohio 45822
P 419-586-8600 | F 419-586-7881

INFORMED CONSENT

To the patient: Please read this entire document prior to signing it. It is important that you understand the information contained in this document. Please ask questions before you sign if there is anything that is unclear.

The nature of the spine manipulation: The primary treatment we use as a Doctor of Chiropractic is spinal manipulative therapy. We will use that procedure to treat you. We may use my hands or a mechanical instrument upon your body in such a way as to move your joints. That may cause an audible “pop” or “click”, much as you have experienced when you “crack” your knuckles. You may feel a sense of movement.

Analysis/ Examination/ Treatment: In *addition* to spinal manipulation, we may use a variety of other therapies and examination procedures. As a part of the analysis, examination, and treatment, you are consenting to the following procedures:

- Spinal manipulative therapy
- Vital signs
- Range of motion
- Muscle strength testing
- Ultrasound
- Radiographic studies
- Spinal Decompression therapy
- Rehabilitation/Core strengthening/ATM
- Mechanical traction/flexion distraction
- Shockwave Therapy
- Palpation
- Orthopedic testing
- Basic neurological exam
- Postural analysis testing
- Hot/cold therapy
- EMS (electrical muscle stimulation)
- Digital infrared foot scan
- Laser Therapy
- Other

The material risks inherent in spinal manipulation: As with any healthcare procedure, there are certain complications which may arise during chiropractic (spinal) manipulation (CMT) and therapy. However, studies have shown that any observed association between vertebral artery dissection (VAD) and stroke with CMT is likely attributed to patients with an undiagnosed VAD who seek care for neck pain and headache before the onset of a stroke. As a result, we examine our patients thoroughly before initiating any treatment to be sure that treatment is appropriate. I will make every reasonable effort during the examination to screen for contraindications to care; however, if you have a condition that would otherwise not come to my attention, it is your responsibility to inform me.

The probability of those risks occurring: Chiropractic is a safe and comfortable form of health care for most people. If a potential risk is identified, you will be informed and offered either treatment or a referral to the appropriate health care specialist for evaluation and care.

Soreness: It is not uncommon to experience some localized soreness following a manipulation. This type of soreness is usually minor and occurs most often following the initial few visits. It is similar to the soreness you may experience after exercise.

Fracture: Fractures caused from spinal manipulation are extremely rare, so rare that an actual number of incidences per manipulation have never been determined. Patients suffering from bone weakening conditions like Osteoporosis are in a higher risk category. Alternative forms of spinal manipulation are utilized for this type of patient.

TIA/ Stroke: Overview: Spinal manipulation is clearly one of the safest forms of treatment for cervical spine pain. The incidence of serious adverse events, stroke, or death is very rare. **Researchers found no evidence of excess risk of VBA stroke associated chiropractic care compared to primary care.** The risk was as low as 1.46 adverse events per 10,000,000 manipulations. The risk of artery dissection was as low as 1 per 5,846,381 cervical manipulations.

